

SENIORS • MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>A Senior Chorus Line Reader's Theater Performance featuring a Senior Art Showcase! Sunday, May 5 at Noon Zale Auditorium - \$5 suggested donation</p>		<p>1 11 Workout with Pam 12 Lunch with JFS 1 Readers Theater 1 Kaluki/Canasta/Mahj 2 Line Dancing</p>	<p>2 10 Art Technique 11 Tai Chi 12 Lunch 1 Readers Theater 1 Kaluki/Canasta/Mahj</p>	<p>3 9 Bridge Club 10 Readers Theater 11 Chair Yoga 11: 30 Grandfriends 12 Lunch</p>
<p>6 9:30 Sewing/Knitting 11 Silver Fit 12 Lunch 1 Chair Volleyball 1 Kaluki/Canasta/Mahj</p>	<p>7 9 Bridge Club 10 Yiddish Class 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Driver Safety Course 1 Kaluki/Canasta/Mahj</p>	<p>8 11 Workout with Pam 12 Lunch with The Legacy 1 Kaluki/Canasta/Mahj 1 Torah with Laura 2 Line Dancing</p>	<p>9 10 Art Technique 10 Shopping Trip 11 Tai Chi 12 Lunch 1 Kaluki/Canasta/Mahj</p>	<p>10 9 Bridge Club 11 Chair Yoga 12 Lunch</p>
<p>13 9:30 Sewing/Knitting 11 Silver Fit 12 Lunch 1 Chair Volleyball 1 Kaluki/Canasta/Mahj</p>	<p>14 9 Bridge Club 9:30 Senior Advisory Board 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Driver Safety Course 1 Kaluki/Canasta/Mahj</p>	<p>15 11 Workout with Pam 12 Lunch 1 Kaluki/Canasta/Mahj 1 Torah with Laura 2 Line Dancing</p>	<p>16 10 Art Technique 11 Tai Chi 12 Lunch 1 Kaluki/Canasta/Mahj</p>	<p>17 9 Bridge Club 11 Chair Yoga 12 Lunch</p>
<p>20 9:30 Sewing/Knitting 11 Silver Fit 12 Lunch 1 Chair Volleyball 1 Kaluki/Canasta/Mahj</p>	<p>21 9 Bridge Club 9 RoughRiders Game 10 Yiddish Class 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Kaluki/Canasta/Mahj</p>	<p>22 10 Chai Technology 11 Workout with Pam 12 Lunch 1 Kaluki/Canasta/Mahj 1 Torah with Laura 2 Line Dancing</p>	<p>23 10 Art Technique 11 Tai Chi 12 Lunch 1 Kaluki/Canasta/Mahj</p>	<p>24 9 Bridge Club 11 Chair Yoga 12 Lunch - Kabbalat Shabbat</p>
<p>27 Closed for Memorial Day</p>	<p>28 9 Bridge Club 10:30 Therapy Dogs 11 NIA 12 Lunch 1 Kaluki/Canasta/Mahj</p>	<p>29 10 Tax Planning 11 Workout with Pam 12 Lunch 1 Kaluki/Canasta/Mahj 1 Torah with Laura 2 Line Dancing</p>	<p>30 10 Art Technique 11 Tai Chi 12 Lunch 1 Kaluki/Canasta/Mahj</p>	<p>31 9 Bridge Club 11 Chair Yoga 12 Lunch</p>

Program Descriptions

A Senior Chorus Line - Sunday, May 5 at Noon (Zale Auditorium)

See the original "Reader's Theater" play featuring many of our senior members! We created our own "A Chorus Line" inspired by the Broadway musical with our own stories and favorite songs. Everyone has a story to tell on how they found themselves on stage - some funny and some serious. Tickets are available for a suggested donation of \$5 at the door.

Driver Safety Course - Tuesdays, May 7 and 14 from 1-3pm (Senior Lounge)

Discover proven driving methods to help keep you and your loved ones safe on the road at the AARP Smart Driver course. Refresh your driving skills and knowledge of the rules of the road! Get a certificate of completion which could save you money on your car insurance! You must attend BOTH classes for the certificate. \$20 for AARP members, \$25 for non-members. Call or email Sharon Cane to register (scane@jccdallas.org, 214-239-7115).

Lunch - Weekdays at noon (Zale Auditorium)

Hot kosher meals for all age 60+ in partnership with Dallas Area Agency on Aging - JCC membership not required. Suggested donation of \$3.50. Jewish Family Service will be there on 5/1.

- **Lunch with The Legacy (Wednesday, 5/8)**
- **Kabbalat Shabbat (Friday, 5/24):** A FREE sponsored lunch provided by an anonymous donor with entertainment from Don Weitz!

RoughRiders Game - Tuesday, May 21 at 9am

See the Frisco RoughRiders take on the Midland Rockhounds! The RoughRiders are a minor league baseball team and double-A affiliate of the Texas Rangers. Tickets are \$15 for JCC members and \$23 for non-members. To sign up, call Sharon Cane at 214-239-7183 or stop by the Senior Office.

Senior Art Showcase - May 3-6 (Main Lobby)

Admire our talented members' works of art! Each one created in our art technique class with instructor Jay Weesner. Artwork will be displayed in the main lobby.

Shopping Trip - Thursday, May 9 from 10am - 3pm

Shop 'til you drop at Sam Moon and Buc-ee's! Sam Moon is a destination for jewelry, accessories, and handbags at wholesale prices. Then we'll head to Buc-ee's, a classic Texas road trip destination! Buc-ee's is so much more than a gas station - they have great snacks (try the beaver nuggets), a wide selection of gifts and homewares, and more Buc-ee Beaver souvenirs than you can imagine. Tickets are \$5 for JCC members and \$8 for non-members. To sign up, call Sharon Cane at 214-239-7183, or stop by the Senior Office.

Tax Planning with Retirement Planners of America - Wednesday, May 29 at 10am (Senior Lounge)

We will discuss the tax traps that need to be avoided in retirement and how to navigate them so that you can increase the longevity of your portfolio and minimize your retirement expenses.

Torah with Laura - Wednesdays at 1pm (Board Room)

Let's learn together about anything and everything Jewish (but you don't need to be Jewish!).

***New and noteworthy programs are in red!**

Contact Information

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Join our PRIVATE
Facebook group page:
J Dallas Seniors



Sign up for our weekly
newsletter! Email
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Dallas

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Note: The Senior Department manages room reservations for our bridge, canasta, mah jongg, and kaluki games. The staff does NOT arrange these games. The individual participants arrange their own groupings. Also, participants must be members in good standing. To connect with the game organizer, please call Sharon Cane.

*This program serves everyone without discrimination regarding race, creed, color, sex, age, ancestry, national origin, religion, or handicap. We welcome people with economic needs, disabilities, or limited English proficiency.