



Reservations needed 1 day in advance at 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — MAY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 Orange Juice French Onion Soup Mediterranean Meat Balls Rice Roasted Cabbage Bread Cake	2 Orange Juice Gumbo Grilled Chicken Roasted Potatoes Zucchini Bread Baked Apple	3 Orange Juice Cabbage Soup Salmon Croquette Mashed Potato Balsamic Carrots Bread Fresh Fruit	4 Orange Juice Knockwurst Sauerkraut/Relish Baked Beans Coleslaw Bun Cookie	5 Orange Juice Matzo Ball Soup Brisket Kasha Varnishkas Roasted Beets Challah Chocolate Mousse
8 Orange Juice Minestrone Lasagna Green Peas Garlic Bread Tiramassu	9 Orange Juice Cucumber Salad Thai Chicken Green Beans Noodles Bread Vanilla Fingers Lag Ba-Omer	10 Orange Juice White Bean Salad Baked Salmon Whipped Potato Mixed Vegetables Bread Pineapple Crisp	11 Orange Juice Chicken Wrap Corn Salad Lettuce/Tomato Onion/Pickle Potato Chips Cookie	12 Orange Juice Matzo Ball Soup Roast Chicken Carrot Tzimmis Rice Challah Cake Mother's Day Shabbat
15 Orange Juice Mushroom/Barley Soup Chicken Pot Pie Roasted Cauliflower Bread Apple Crisp	16 Orange Juice Chickpea Salad Moroccan Chicken Couscous Sauteed Mixed Veggies Bread Fruit Cocktail	17 Orange Juice Roasted Corn Soup Baked Salmon Sweet Potato Sauteed Cabbage Bread Ice Cream	18 Orange Juice Bagel + Lox Cream Cheese Tomato/Lettuce/Onion Cucumber Danish	19 Orange Juice Matzo Ball Soup Stuffed Cabbage Whipped Potatoes Green Peas Challah Cake
22 Orange Juice Corn Salad Chili Rice Mixed Veggies Bread Stewed Pears	23 Orange Juice Vegetable Soup Chicken Fajitas Guacamole Refried Beans Tortilla Caramel Flan	24 Orange Juice Cauliflower Soup Fried Fish Creamed Spinach French Fries Bread Fruit Compote	25 Orange Juice Hamburger + Bun French Fries Tomato/Lettuce Pickle Onions Cookie	26 SHAVUOT JCC CLOSED
29 Orange Juice MEMORIAL DAY JCC CLOSED	30 Orange Juice Summer Salad Chicken Schnitzel Baked Sweet Potato Green Beans Bread Chocolate Mousse	31 Orange Juice French Onion Soup Swedish Meat Balls Bow Tie Pasta Roasted Carrots Bread Cherry Crisp		

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).