



Menus subject to change.

HOT KOSHER MEALS – JUNE 2023

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Orange Juice Bean Soup Chicken Piccata Mashed Potatoes Green Beans Bread Baked Apple	2 Orange Juice Matzo Ball Soup Stuffed Chicken Rice Pilaf Corn Elote Challah Cake
5 Orange Juice Kale Salad Beef Stew Couscous Mixed Vegetables Bread Peach Crisp	6 Orange Juice Lentil Soup Chicken Etouffee Roasted Potatoes Zucchini Tortilla Cup Cake	7 Orange Juice Cabbage Soup Salmon Potatoes Anna Balsamic Carrots Bread Fresh Fruit	8 Orange Juice Knockwurst Sauerkraut/Relish Baked Beans Coleslaw Bun Cookie	9 Orange Juice Matzo Ball Soup Brisket Kasha Varnishkas Roasted Beets Challah Brownie
12 Orange Juice Minestrone Lasagna Green Peas /Carrots Garlic Bread Fresh Fruit	13 Orange Juice Cucumber Salad Thai Chicken Green Beans Noodles Bread Vanilla Pudding	14 Orange Juice White Bean Soup Baked Salmon Whipped Potatoes Mixed Vegetables Bread Pineapple Crisp	15 Orange Juice Hamburger French Fries Tomato/Lettuce/Onion Coleslaw Bun Cookie	16 Orange Juice Matzo Ball Soup Roast Chicken Carrot Tzimmis Rice Challah Cake
19 Orange Juice Chopped Salad Chicken Schnitzel Pasta Primavera Zucchini Medley Bread Stewed Pears	20 Orange Juice Vegetable Soup Beef Stroganoff Egg Noodles Green Peas Bread Watermelon	21 Orange Juice Navy Bean Soup Salmon Croquette Confetti Rice Roasted Cabbage Bread Chocolate Pudding	22 Orange Juice Bagel & Lox Cream Cheese Tomato/Lettuce/Onion Cucumber Banana Cake	23 Orange Juice Matzo Ball Soup Salisbury Steak Smashed Potatoes Roasted Mushrooms Challah Cookie
26 Orange Juice Corn Soup Butter Chicken Yellow Rice Mixed Vegetables Bread Coconut Cookie	27 Orange Juice Roasted Cauliflower Soup Chicken Kabob Roasted Potatoes Broccoli Bread Mandelbrot	28 Orange Juice Butternut Squash Soup Fried Fish Fries Screamed Spinach Bread Fruit Compote	29 Orange Juice Taco Bowl Pica De Gallo Pinto Beans Lettuce / Salsa Guacamole Fresh Fruit	30 Orange Juice Matzo Ball Soup Stuffed Cabbage Rice Zucchini Challah Cup Cake

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).