



Reservations needed 1 day in advance at 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — JANUARY 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Orange Juice Split Pea Soup Cajun Chicken Rice Mixed Vegetables Bread Parfait	3 Orange Juice Chopped Salad Baboetie Beef Yellow Rice Roasted Beets Bread Brownie	4 Orange Juice Lentil Soup Baked Fish Roasted Sweet Potato Green Beans Bread Fruit in Season	5 Orange Juice Chicken Salad Lettuce/Tomato Cucumber/Onion Potato Chips Bread Cookie	6 Orange Juice Matzo Ball Soup Salisbury Steak Whipped Potatoes Peas/Carrots Challah Rujggelach
9 Orange Juice French Onion Soup Meat Balls Bow Tie Pasta Roasted Cauliflower Bread Baked Custard	10 Orange Juice Tossed Salad Chicken Curry Rice Mixed Vegetables Bread Pineapple Crisp	11 Orange Juice Butternut Squash Soup Salmon Croquette Lima Beans Carrots Bread Baked Apple	12 Orange Juice Cucumber Salad Chili Rice Zucchini Bread Cookie	13 Orange Juice Matzo Ball Soup Glazed Chicken Orzo Steamed Vegetables Challah Cake
16 Orange Juice Mushroom Barley Soup Grilled Chicken Baked Potato Green Peas Bread Parfait	17 Orange Juice Hamburger + Bun French Fries Tomato/Lettuce Pickle Onions Death by Chocolate	18 Orange Juice Potato/Leek Soup Baked Salmon Fettuccini Alfred Yellow Squash Bread Apple Crisp	19 Orange Juice Lox + Bagel Cream Cheese Tomato/Lettuce Pickle Onions Cookie	20 Orange Juice Matzo Ball Soup Turkey Roasted Sweet Potato Peas/Carrots Challah Cake
23 Orange Juice Cauliflower Soup Meat Loaf Roasted Beets Mashed Potato Bread Fresh Fruit	24 Orange Juice Chopped Salad Roast Chicken Couscous Veg Medley Bread Cream Puff	25 Orange Juice Roasted Corn Soup Baked Salmon Butternut Squash String Beans Bread Mandelbrot	26 Orange Juice Egg Salad Tomato/Lettuce Pickle Potato Chips Bread Cookie	27 Orange Juice Matzo Ball Soup Pot Roast Mushroom Risotto Yellow Squash Challah Cup Cake
30 Orange Juice Vegetable Soup Fried Fish Potato Anna Creamed Spinach Bread Fruit Compote	31 Orange Juice Tortilla Soup Tacos Guacamole Refried Beans Tortilla Flan			

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).