

# LAURA SEYMOUR CAMP IMPACT AWARD

## ZAHIDA AHMED

---



Zahida was born in Pakistan and moved to the United States in 1981. Trained as a dietitian, she worked at Gaston Episcopal Hospital Downtown/Baylor, preparing diets for patients until a major career shift in 1988 coming to the JCC Preschool and finding a love of teaching. Zahida joined the Camp Chai staff in the summer of 1989 and has never left the J. She continues subbing in the preschool and has her own business creating invitations.

Zahida is passionate about art, camp and what it does for children. Through art, children use their creativity to connect with nature, they plan, design, and construct an idea and develop life long skills of self identity, leadership, respect, team work. Camp provides children a sense of community.