



## Gymnastics Policies

Please read the following and make sure your child is aware of our policies to make each class run as smoothly as possible. All Covid-19 procedures are subject to change based on the continuous evaluation of our processes along with the latest CDC guidelines.

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### WHAT TO WEAR

#### Apparel

- **Girls**
  - Leotard is required. A one-piece bathing suit or dance leotard (no skirt attached) is appropriate as well.
  - Athletic shorts are acceptable with leotards (no pants that drag on the floor, or tights that cover your child's feet).
    - No buttons, zippers, or long strings on clothing.
- **Boys**
  - T-shirt tucked in with athletic shorts.
  - No buttons, zippers, or long strings on clothing.

**Hair** – Hair should be pulled back into a tight ponytail. If hair is not long enough, clips should be used to ensure that hair stays out of the eyes. Hairspray is recommended. No bows, headbands, or any other hair pieces that will affect your child's ability to roll upside down.

**Jewelry** – Remove all jewelry and fit-bits prior to class. Jewelry can be unsafe for your child while doing gymnastics and can affect the coach's ability to safely spot.

- We are not responsible for lost jewelry. It is best to leave this jewelry & any other valuables at home.
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### PARKING

*A photo ID (membership card or driver's license) is required for entrance into both the parking lot and building.*

**JCC Members** – A registered Toll Tag and/or parking sticker on your car is needed for entry. There is no charge to your Toll Tag.

**Non-Member Participants** – Please have a parking sticker on your car to expedite entering the campus. You may obtain a sticker at the sports & fitness desk during regular main building hours.

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### DROP OFF & PICK UP

**Where to Enter** – Currently, all class participants should enter through sports & fitness.

**Arriving at the gym** – All class participants need to be walked into the gymnastics gym with an adult.

**Pick up** – Following class, all children must be picked up by an adult outside the gymnastics gym. If this will not be a parent/guardian, notify our office before class.

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### ADDITIONAL PROCEDURES

**Restroom** – Please make sure your child uses the restroom directly before class. We have one restroom in the back area of our gym that can be used if needed during classes.

**Email Correspondence** – Most class reminders and future class information are sent via email. Please keep us updated if you would like to change, remove, or add an email to our distribution list.



### **MAKEUP & REFUND POLICIES**

#### **Makeup policy**

To keep consistent classes and small instructor-to-student ratios, we do not offer makeup classes. Rather, we factor into pricing that children will potentially miss a class each session.

#### **Cancellation/Refund policy**

The JCC reserves the right to cancel a class if there is insufficient registration. If a class or activity is canceled, you will be notified, and a full refund is processed automatically. Please allow 1-2 weeks to receive your refund. If you cancel your enrollment in a class or activity before the cancellation deadline (or before the activity has begun if no cancellation deadline is specified), a \$10 administrative fee is deducted from your refund. Once the cancellation deadline has passed (or the activity has begun), there are no refunds.

#### **JCC Closure Policy**

If the JCC closes due to weather, there will be no make-ups or refunds for those classes.

#### **Covid-19 Quarantine Periods Policies**

If a child(ren) is required to quarantine because of exposure in his/her household there will be no credit or refund of program-related fees.

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### **CURRENT COVID-19 POLICIES**

Any person that has tested positive for COVID must quarantine for 5 days. If after 5 days, they are not exhibiting any symptoms and are feeling better they may return to activities but must wear a mask for the remainder of 10 days since contracting COVID.

Any person that has been in close contact\* with someone who has tested positive for COVID and who does not live in the home with the person may come to activities if they are symptom-free. Wearing a mask for 10 days since exposure and testing on day 5 is optional though highly recommended.

\*Close contact is defined as being within 6ft of someone for 15 minutes or more regardless of whether a mask is worn. If the close contact lives in the home, please contact Tara Ohayon for additional guidance.

If a family member in the home has tested positive for COVID, the person must also be tested to ensure that they are not positive and asymptomatic. If the COVID test is negative the person may come to activities. Please monitor yourself daily. The exposed person must test upon the family member's diagnosis and again on day 5. The person may come to activities if the COVID test is negative. The exposed person may return to activities while wearing a mask for the 10 days since the last exposure to the COVID-positive person.

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Last and most important, your child is required to have fun! Thank you for your cooperation! We look forward to having your child in our class. Please contact us with any questions/concerns.