



Reservations needed 1 day in advance at 214-239-7183. Menus subject to change.

# HOT KOSHER MEALS — JULY 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Orange Juice Matzo Ball Soup Grilled Chicken Israeli Couscous Green Peas Challah Parfait
4  <b>INDEPENDENCE DAY</b> <b>JCC CLOSED</b>	5 Orange Juice Salad Moroccan Chicken Couscous Veggie Medley Bread Watermelon	6 Orange Juice Potato/Leek Soup Baked Salmon Fettuccini Alfred Yellow Squash Bread Apple Crisp	7 Orange Juice Bagel + Lox Cream Cheese Tomato/Lettuce/Onion Cucumber Danish	8 Orange Juice Matzo Ball Soup Stuffed Chicken Rice Pilaf Butternut Squash Challah Brownie
11 Orange Juice Lentil Soup Chicken Pot Pie Smashed Potatoes Roasted Cauliflower Bread Watermelon	12 Orange Juice Chopped Salad Chicken Goulash Rice Makluba Corn on the Cob Bread Mandelbrot	13 Orange Juice Roasted Corn Soup Baked Salmon Sweet Potato String Beans Bread Fresh Fruit	14 Orange Juice Egg Salad Tomato/Lettuce Pickle Potato Chips Bread Cookie	15 Orange Juice Matzo Ball Soup Beef Wellington Whipped Sweet Potato Green Peas Challah Cake
18 Orange Juice Butternut Squash Soup Fried Fish French Fries Creamed Spinach Bread Fruit Compote	19 Orange Juice Mexican Chopped Salad Chicken Enchilada Guacamole Refried Beans Tortilla Churro	20 Orange Juice Corn Salad Chili Rice Mixed Vegetables Bread Grapes	21 Orange Juice Hamburger + Bun French Fries Tomato/Lettuce Pickle Onions Cookie	22 Orange Juice Matzo Ball Soup Roast Chicken Briani Rice Peas/Carrots Challah Cake
25 Orange Juice Summer Soup Chicken Marsala Penne Pasta Green Beans Bread Fruit Cocktail	26 Orange Juice Israeli Salad Chicken Shwarma Hummus/Babbaganush French Fries Pita Cantaloup	27 Orange Juice Tomato Basil Soup Tuna Bake Pasta Ratatouille Bread Banana Pudding	28 Orange Juice Hush Puppy Sauerkraut/Relish Baked Beans Coleslaw Bread Cookie	29 Orange Juice Matzo Ball Soup Brisket Mashed Potato Vegetable Medley Challah Chocolate Souffle

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).