



Covid-19 JCC Gymnastics Procedures

We are committed to the safety and protection of our students, athletes, staff and families by developing policies and procedures to help prevent the spread of COVID-19.

All procedures listed below are subject to change based on continuous evaluation of our processes along with the latest CDC guidelines.

WHAT TO BRING	<ul style="list-style-type: none"> ◆Classes: mask, hand sanitizer, and water bottle. ◆Team gymnasts: mask, hand sanitizer, water bottle, grips if applicable, and chalk (we will be providing an initial block of chalk).
PARENT PROCEDURES	<ul style="list-style-type: none"> ◆Only one parent/guardian per student will be allowed inside the gym to watch class as we do not have the space to physically distance more people.
DROP OFF PROCEDURES	<ul style="list-style-type: none"> ◆All parents/guardians will complete an online screening form ahead of time on their phones and present the completed form to a staff person upon entering the gym. Only those with temperatures 99.9 degrees & below will be allowed to participate. ◆All CLASS participants will need to enter through the Sports & Fitness entrance with an adult.
PICK UP PROCEDURES	<ul style="list-style-type: none"> ◆We will permit gymnasts to exit the gym one at a time when a parent is present to ensure physical distancing. ◆All CLASS participants need to be walked out of the gymnastics gym with an adult.
KEEPING IT CLEAN	<ul style="list-style-type: none"> ◆Staff will wash hands before and after each class. ◆We ask that all gymnasts sanitize their hands before and after each class time. ◆Cleanings will occur before and after each class. Deep cleaning will take place daily.
SAFETY FACE COVERINGS	<ul style="list-style-type: none"> ◆Parents are required to wear masks at all times while in the building. ◆Staff are required to wear masks at all times, including during class time. ◆All children ages 2 & up are required to wear masks at all times, including during class time.
PROCEDURE IF STAFF OR GYMNAST IS DIAGNOSED WITH COVID-19	<ul style="list-style-type: none"> ◆We will notify staff and families immediately of a COVID-19 diagnosis while maintaining confidentiality as required by the Americans with Disabilities Act (ADA). ◆We will close off areas used by that person & will not use them again until deep cleaning and disinfection has occurred. ◆We will inform those exposed to a person with COVID-19 to self-monitor for symptoms for 14 days, and follow CDC guidance if symptoms develop. ◆If any classes are cancelled due to COVID-19, you will receive a refund for those classes.
STAFF TRAINING	<ul style="list-style-type: none"> ◆All JCC Staff will receive training specific to COVID 19, our health and safety protocols related to COVID 19, and how to ensure for greater health and safety, prior to their first day of work.