



Summer 2021

Guidebook for J Camps

Grades K - 9

STARQUEST & STARPOWER

TENNIS

SPORTS

GYMNASTICS

CAMP CHAI

TEEN TRAVEL CAMP

Dear Parents and Campers,

Welcome to J Camps Summer 2021!! We experienced our 2020 COVID Summer and enter 2021 with guidelines in place and hope for the future. Many things changed and yet the many wonderful parts of camp that we all love remained the same. We are busy getting ready for camp, and there are many things for you and your camper to do to get ready. Reading our J Camp Guidebook and filling out & sending in all forms is the first step. We need your involvement to make for a great summer!

All our J Camps follow the safest guidelines and protocols yet each have a separate focus and flair. This Guidebook covers all the general information and you will get more for each camp your campers will attend.

We will be scheduling our **ZOOM ORIENTATION NIGHT** for you to hear about camp and meet our staff! There will be the opportunity to learn all our common plans and then to go to break out rooms. We want you to share your concerns, your questions, and your feedback with us before, during and after the summer. If you have any questions before camp begins, please call me at the JCC 214-239-7110 (my direct line). All of our Camp Directors will be available to you. During the summer, feel free to call and leave a message at Camp Central (214-810-2377). You may also "talk" with us through e-mail and we will respond. With your help, we will keep you posted on your camper's activities and progress during camp. This will be a special summer filled with memories, tradition and a sense of belonging.

Shalom,

Laura Seymour, Director of Camping Services/Camp Chai

Tara Ohayon, Asst. Director, Camp Chai/Director of Early Childhood Education

Dave Stanton, Camp Simchah Co-Director

Cynthia Casper, Camp Simchah Co-Director

Josh Goldstein, Sports Camp Director

Polo Cruz, Tennis Camp Director

Abby Tarlo, Gymnastics Camp Director

Alise Robinson, StarQuest/StarPower Director

Rachel Wagner, Teen Travel Camp Director

GUIDEBOOK INFORMATION

Health and Safety

Screening & Sick Policy

Medication Procedures

Insurance

Camp Dates & Hours

Carpool & Extended Care

What To Wear & Bring To Camp

Lunch and Snacks

Everything Else

Health and Safety

This summer we are following these procedures to care for our campers and staff:

Screening

Screening will take place at carpool before your child gets out of the car. Our daily drop-off and pick up procedures have been modified to include PROTOCOL SCREENING QUESTIONS which will be answered on your Camp Phone App and shown to the staff member:

- In the past 24 hours, has anyone in your household experienced any of the following symptoms (listed on app)?
- Has anyone in your household been in contact with anyone who has exhibited any of the symptoms?
- Have you recently been in close contact with anyone who has a lab confirmed positive of COVID-19?
- Has anyone in your household been tested for COVID 19 in the past 14 days or has pending COVID 19 testing results?
- Have you or anyone in your family recently traveled internationally or to a restricted area?

There will be a temperature check each day at carpool before camp. These protocols will help to ensure a greater likelihood that those who attend camp each day are healthy. While we know that some who are infected with COVID 19 can be asymptomatic, we also know that those who are symptomatic are more likely to be infected. Therefore, this screening is a means by which we will limit the exposure through known, effective measures. Please note that the screening is also for a family in your carpool.

SICK POLICY

Due to concerns over COVID-19, we will have an isolation room separate from the rest of the campers and staff for anyone exhibiting symptoms of COVID-19. We ask that parents be available to pick up a child within approximately 30 minutes of being called. If somebody in your child's group, or somebody they came into contact with, is exhibiting symptoms of COVID-19, you will be notified.

Please notify us immediately if your household has been asked to quarantine and/or somebody in your home has received a positive COVID-19 diagnosis. We ask that you notify us even if you are no longer at camp if the contact occurred during the timeframe your child attended Camp. If somebody in camp is diagnosed with a confirmed case of COVID-19, you will be notified. In the event of a positive diagnosis, the whole group that is with the camper or staff member will be asked to self-quarantine for 10-days.

Pursuant to the State of Texas guidelines for childcare centers, the following are symptoms of COVID-19 and the steps below are mandatory. We do not have flexibility to make exceptions to the below policy.

Covid Symptoms

- Cough
- Loss of taste or smell
- Shortness of breath or difficulty breathing
- Diarrhea
- Chills-Repeated shaking with chills
- Sore throat
- Muscle pain
- Headache
- Known close contact with a person who is lab-confirmed to have COVID-19
- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit

Any staff member or child exhibiting the above symptoms may only return to camp when all three of the following criteria are met: 1) at least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and 2) the individual has improvement in respiratory symptoms (e.g., cough, shortness of breath); and 3) at least 10 days have passed since symptoms first appeared;

OR, in the case of a staff member or child who has symptoms that could be COVID19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to work or camp until the individual has completed the same three-step criteria listed above;

OR, if the staff member or child has symptoms that could be COVID-19 and wants to return to work or camp before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.

Medication Procedures

1. If your child has any allergies or activity restrictions, it is important that you indicate this on the medical form.

2. If your child must take medication during the day, please send the PRESCRIPTION BOTTLE with complete instructions including the name of the child, the name of the drug, frequency and reason for giving. We cannot give medication without this.

3. All medication must remain in Camp Central. We cannot give over-the-counter drugs without written notification. A prescription/note must be sent in.

4. Please use the AUTHORIZATION FOR DISPENSING MEDICATION FORM.

Feel free to call us during the day to discuss any particular needs your child may have, and we will call you if we have any concerns or questions. We will call to report any injuries that are deemed more serious.

Insurance

Camp accident insurance is provided by the JCC for all campers who attend camp. The maximum benefit is \$35,000 per injury with no deductible. Dental is treated as medical under the plan as long as the treatment pertains to the injury. This is supplemental insurance and you must submit to your own insurance company first.

IMMUNIZATIONS: Immunization records with doctor's signature must be sent by your doctor and turned in before camp begins. The authorizations on your Registration forms will enable us to give your child emergency treatment in the event that you cannot be reached. This policy is for the health and safety of all campers.

JCC of Dallas Immunization Policy

Effective for Goldberg Early Childhood Center and all J Camps

All children must have a current health statement or health record signed by both parent and physician. In addition to the required Annual Health Statement, *all* children at GECC and J Camps must provide proof of immunizations in accordance with the most current immunization schedule adopted by the State of Texas before the first day of school/camp. A child's enrollment process will only be considered complete once immunization records from a physician or clinic have been reviewed and approved by the GECC or J Camp. Immunization records must remain current for a child to attend school or camp.

We recognize that individuals who have had a documented allergy or severe adverse reaction to a particular vaccine, or with a documented medical condition, may not be able to complete the immunization schedule in the time frame adopted by the State of Texas. In these extremely rare circumstances, a written and signed statement from a physician (M.D. or D.O.) licensed by any state in the United States, and who is board-certified in the subspecialty of allergy/immunology, infectious disease or hematology/oncology, will be required. These statements will be reviewed and approved/declined by an anonymous team of physicians selected by the JCC.

An exemption from immunizations for reasons of conscience will not be accepted.

CAMP DATES & HOURS

Camp Dates:

Session 1: Monday, June 7 through Friday, June 25

Session 2: Monday, June 28 - Friday, July 16

Session 3: Monday, July 19 - Friday, August 7

Camp Hours:

Camp hours are from 9:00 am to 4:00 pm each day. For the convenience of our parents, we offer extended care from 7:45-9:00 am and 4:00-5:45 pm.

EXTENDED CARE IS LOCATED IN THE MAIN BUILDING!

Extended Care registration is available AM only/PM only or Both. Activities include crafts, games and time to visit with friends in a supervised atmosphere.

Before Care begins at 7:45 am. Staff will be at the Front Entrance of the J to assist children out of the car, screen and check them in

After Care is available from 4:00-5:45 pm. For pick up, drive to the Front Entrance of the J and staff will bring your children to the car.

AM/PM Carpool & Screening Procedures

ONE CARPOOL FOR ALL SCHOOL-AGED CAMPS!

(Chai, Gymnastics, Sports, Tennis, Performing Arts, Teen Travel Camp)

Car Tags: all camp cars must have a camp car tag. Camp car tags will be used for entering the J and for carpool purposes. Car Tags will be mailed prior to camp. **For carpools of two families, it is essential that the "driver of the day" include all campers on the screening app and answer questions for both households. Remember that if one child in the carpool has symptoms (especially temperature) all will be sent home. Please fill out the Carpool form to indicate who is in your carpool.**

Morning Carpool - 8:45-9:00 am. Afternoon Carpool - 3:45 - 4:15 pm.

All drop off and pick up will be done through carpool this summer in order to minimize the number of people in the building. Parents are asked to be masked and to stay in the car during this process. This will help us to mitigate possible means of transmission. Follow these steps:

1. At home fill out your daily screen app and keep the screen available on your phone
2. Enter campus through the west entrance lane (the one closest to Northaven Gardens) at the main entrance
3. See the map on the website, and follow all posted signage, to head towards your child's designated drop off spot.
4. When you are stopped at a screening point, use your quick read thermometer to take your child's temperature (please note, we will have backup thermometers, but the process will be much quicker if you have your own that you can keep in the car each morning.
5. Show the Camp Screening and the temperature read on your thermometer to the staff member at the screening stop (reminder, temperatures must be under 100°F to come to camp). Once your camper(s) has passed the screening, the staff member will help your camper(s) out of the car and a staff member will walk them to their group in the building.

LATE DROP OFF/EARLY PICK UP: We understand that late arrivals and Early departures from the camp day are occasionally necessary due to doctor's appointments, etc. This will be possible; however, it will require advance notification to speed the process. Parents should call Camp Central at 214-810-2377 Dropping off late or picking up early is time consuming for a number of our staff members, so please make sure this is only done occasionally. In order to accommodate late arrivals or early pickups, we are having to redirect staff and resources. Please allot half an hour for this process as to reduce exposure, We will not have children sitting and waiting away from their groups for a period of time this summer.

In case of inclement weather, all drop-offs and pick-ups will be in the front of the JCC Main Lobby.

Staff will be directing - please drive slowly and safely!!

Check our JCC Dallas Summer Camps Facebook page or the JCC Camp Website for updates.

What to Wear to Camp

Campers should dress in clothes that enable them to participate in all camp activities and bring sunscreen for outdoor activities. BE SURE THAT ALL CLOTHING AND BAGS ARE LABELED WITH YOUR CHILD'S FULL NAME.

All Campers:

Masks/Face coverings: Your child will need to bring a mask to camp each day. They may wear it from time to time during transitions and when we are unable to safely social distance. These times will be infrequent.

Refillable Water Bottles: in order to stay hydrated, campers should bring their own refillable water bottles. Staff will be encouraging drinking throughout the day.

Sports Camp:

Sneakers, T-shirts with appropriate designs, socks, swimsuit (may be worn under clothes), shorts, towel, and sunscreen. There will be additional items needed for individual sports.

Gymnastics Camp:

Please see the Gymnastics Camp Welcome Letter for detailed information.

Tennis Camp:

Non-Marking Sneakers, socks, shorts, T-shirts with appropriate designs, swimsuit, towel, hat, sunglasses (optional), sunscreen. No flip flops or crocs please!

Camp Chai:

Sneakers or closed toe sandals with a strap. No flip flops, please. Shorts and tee shirts, swimsuit, towel and sunscreen.

StarQuest/StarPower

Campers should dress in comfortable clothes that enable them to participate in all types of theatrical and outdoor activities. Please do not wear open toe shoes or sandals. For dance class, campers can bring any type of dance or jazz shoes if they have them.

Important: Campers should not bring valuable items, such as cell phones, to camp. Our camps cannot assume responsibility. Money is not needed at camp. Dangerous items, weapons and other inappropriate items are never allowed and will be confiscated immediately!!

Lunch, Snacks, and Treats

1. Please send a lunch, marked with your child's name, Monday through Friday.
2. All individually wrapped snacks will be provided by the camp.
3. THE J PRACTICES A KASHRUTH POLICY:
 - a. Please send either kosher meat OR a dairy sandwich.
 - b. Do not mix milk and meat products within the lunch you send.
 - c. Under no circumstances should you send shellfish, pork or lard products.
4. Fino restaurant offers a lunch program for our camps, and you may register for this service by the three-week session. Use the Fino Form on our Camp Website to order.
5. For birthday or special group treats, we request that you send in the morning at carpool only kosher items with a recognized marking that are **individually wrapped and sealed**. If you are unsure what to buy or where to buy it, please call us, and we will be glad to help.

Everything Else

1. Camp Central: The phone number is 214-810-2377. The phone will be answered during camp hours of 8:30 am - 4:30pm. When leaving a message, be sure to leave your name, your camper's name and camp and phone number.
2. Children may leave camp only if Camp Central has received a phone call to Camp Central or email to jccamps@jccdallas.org. This summer, we prefer that only the parent picks up however, in emergency situations, if someone other than the parent will be taking the child, please notify the camp of that person's name. Identification will be required. Parents or designated individuals may only pick up at Camp central which is located outside of the main building.
3. If your child will be absent from camp or late, please notify us.
4. Personal equipment such as cell phones, iPods, skateboards, hockey sticks, etc. should not be brought to camp unless the parent has spoken with the Camp Director and special arrangements have been made. The camp is not responsible for items brought to camp. Any inappropriate or dangerous items will be confiscated immediately. The camp reserves the right to check the camper's bag with the camper present.
5. When it is necessary to leave a message for your child during camp hours, please call Camp Central. *Please make sure all messages are left prior to 3:00 pm; otherwise, we cannot guarantee your child will receive the message.*
6. It is not necessary to bring money to camp.
7. Please do not extend gratuities. There are opportunities to honor staff through contributions to the Camp Scholarship Fund.