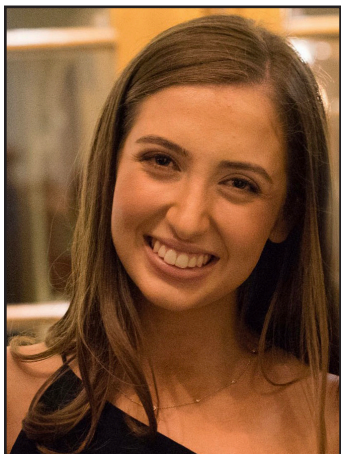


## HANK BODNER AWARD FOR GOOD SPORTSMANSHIP

### ABBY MEYERS



The J has always been a part of Abby's life. Abby grew up watching her great-grandmother perform on the stage in the Zale Auditorium, going to JCC summer camps, and participating in gymnastics at the J. She looks back on these early experiences as critical moments that shaped her appreciation for the J.

In the summer of 2015, Abby was excited to play on the girls' tennis team when the JCC Maccabi Games® were hosted in Dallas. This first taste of the Maccabi experience had Abby hooked, and she went on to represent Team Dallas for the following four summers on the girls basketball team. Her favorite Maccabi memory is bringing home the gold medal from Birmingham in 2017. Abby was able to grow as an athlete and individual under Coach Connie Roseman and eventually became a leader of the team, serving as the Maccabi team co-captain for three years. Abby has loved being a part of the team and helping her teammates, both on and off the court.

Abby has also taken advantage of other opportunities offered by the J to develop her leadership skills and community engagement. Abby has been a member of Teen Mitzvah Corp, played in the Points for Peace fundraiser, been on the Maccabi Athlete Committee, and participated in the Future Leaders in Business (FLIB) program. These experiences have been rewarding for Abby as she has learned how to be a better leader and cultivate the necessary skills that she can implement into other aspects of her life.

Outside of the JCC, Abby is a rising senior at The Greenhill School. In addition to being recognized for academic achievements, she is actively involved in many charitable activities, including tutoring grade school students and serving as co-chair of Runway for a Cause, the Greenhill Fashion Show benefiting Susan G. Komen. She plays varsity field hockey and varsity golf, and has recently been named as the co-editor-in-chief of the Cavalcade, Greenhill's student yearbook for her senior year.

For the past two years, Abby has coached basketball at the J, bringing her experience full circle. The transition from player to coach has shown Abby that she can continue to make an impact and empower the young players through her encouraging words and motivation. She believes it is always best to lead by example and is honored to be this year's recipient of the Hank Bodner award.

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## HANK BODNER AWARD FOR GOOD SPORTSMANSHIP

### LUCY SAYAH



From a very young age, Lucy has had a competitive nature and has enjoyed both watching and playing sports. Her athletic career began in the second grade when she represented the Hornets swim team while competing at the J. She continued to build her home at the J while learning to swim as some of her favorite memories were made at the J's indoor "waterpark."

In the fifth grade, she started taking weekly tennis lessons at the J which led to her taking home the Bronze medal for the Dallas delegation at the JCC Maccabi Games®, representing Team Dallas and the J at 12 years old. The following year, she traveled to St. Louis and switched her athletic endeavors for Team Dallas to the basketball court. That same year, Lucy also served on the JCC Maccabi Teen Board to assist the delegation with preparations and gear. Her Maccabi Games journey reached its peak in 2018 when the 16U Girls Basketball Team brought home the gold. Lucy was a huge part of the team's success in addition to serving as co-captain of the team for three years.

Lucy's athletic endeavors continue outside of the J as she has represented Greenhill School on the varsity field hockey, basketball, and tennis teams for the past three years of high school. Her freshmen year of tennis, she was recognized by the SPC conference by receiving the All-North Zone award. At Greenhill, Lucy has served as a leader of the Athletics Board for the past two years, planning spirit events and

engaging the student body in sporting events.

Additionally, Lucy is very involved with the yearbook at her school and will serve as the editor-in-chief next year. She loves to serve the community as she applied her athletic abilities to coaching a kindergarten boys basketball team here at the J and applied her academic abilities by founding a reading and math tutoring program for students that do not have easy access to a strong educational foundation.