



# **Summer 2020 Guidebook for J Camps**

***STARQUEST***

***TENNIS***

***SPORTS***

***GYMNASTICS***

***CAMP CHAI***

Dear Parents and Campers,

Welcome to J Camps Summer 2020!! This is certainly not the summer we planned and hoped for but it will be a summer to remember. Many things have changed and many will be the wonderful parts of camp that we all love. We are busy getting ready for camp, and there are many things for you and your camper to do to get ready. Reading our J Camp Guidebook and filling out & sending in all forms is the first step. We need your involvement to make for a great summer!

We are scheduling our **ZOOM ORIENTATION NIGHT - THURSDAY, JUNE 25 AT 7:00 PM** for you to hear about camp and meet our staff - watch link! This is our ongoing step in our summer of sharing. That means we want you to share your concerns, your questions, and your feedback with us. If you have any questions before camp begins, please call me at the JCC 214-239-7110 (my direct line). All of our Camp Directors will be available to you. During the summer, feel free to call and leave a message at Camp Central (469-753-7441). You may also "talk" with us through e-mail and we will respond. With your help, we will keep you posted on your camper's activities and progress during camp. This will be a special summer filled with memories, tradition and a sense of belonging.

Shalom,

Laura Seymour, Director of Camping Services/Camp Chai

Tara Ohayon, Director of Early Childhood Education/Camp Chai

Dave Stanton, Camp Simchah Co-Director

Cynthia Casper, Camp Simchah Co-Director

Josh Goldstein, Sports Camp Director

Polo Cruz, Tennis Camp Director

Amy Postel, Gymnastics Camp Director

Alise Robinson, JPAS Director

## **GUIDEBOOK INFORMATION**

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# Health and Safety

This summer we are following these procedures to care for our campers and staff:

## Screening

Screening will take place at carpool before your child gets out of the car. Our daily drop-off and pick up procedures have been modified to include PROTOCOL SCREENING QUESTIONS which will be answered on your phone app and shown to the staff member:

- Is your child experiencing fever? Symptoms of a respiratory infection, such as cough, shortness of breath or sore throat
- Has your child been in contact in the last 14 days with someone who has had a confirmed diagnosis of COVID-19 or is under investigation for COVID-19?
- Has your child had contact in the last 14 days with someone who has a respiratory illness?
- Has your child traveled internationally in the last 14 days to countries with ongoing community transmission?

There will be temperature check each day at carpool before camp. These protocols will help to ensure a greater likelihood that those who attend camp each day are healthy. While we know that some who are infected with COVID 19 can be asymptomatic, we also know that those who are symptomatic are more likely to be infected. Therefore, this screening is a means by which we will limit the exposure through known, effective measures.

## SICK POLICY

Due to concerns over COVID-19, we will have an isolation room separate from the rest of the campers and staff for anyone exhibiting symptoms of COVID-19. We ask that parents be available to pick up a child within approximately 30 minutes of being called. If somebody in your child's group, or somebody they came into contact with, is exhibiting symptoms of COVID-19, you will be notified.

Please notify us immediately if your household has been asked to quarantine and/or somebody in your home has received a positive COVID-19 diagnosis. We ask that you notify us even if you are no longer at camp if the contact occurred during the timeframe your child attended Camp. If somebody in camp is diagnosed with a confirmed case of COVID-19, you will be notified. In the event of a positive diagnosis, the whole group that is with the camper or staff member will be asked to self-quarantine for 14-days.

Pursuant to the State of Texas guidelines for childcare centers, the following are symptoms of COVID-19 and the steps below are mandatory. We do not have flexibility to make exceptions to the below policy.

### Covid Symptoms

- Cough
- Loss of taste or smell
- Shortness of breath or difficulty breathing
- Diarrhea
- Chills-Repeated shaking with chills
- Sore throat
- Muscle pain
- Headache
- Known close contact with a person who is lab-confirmed to have COVID-19
- Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit

Any staff member or child exhibiting the above symptoms may only return to camp when all three of the following criteria are met: 1) at least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and 2) the individual has improvement in respiratory symptoms (e.g., cough, shortness of breath); and 3) at least 10 days have passed since symptoms first appeared;

OR, in the case of a staff member or child who has symptoms that could be COVID19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to work or camp until the individual has completed the same three-step criteria listed above;

OR, if the staff member or child has symptoms that could be COVID-19 and wants to return to work or camp before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.

**IMMUNIZATIONS:** Immunization records with doctor's signature must be sent by your doctor and turned in before camp begins. The authorizations on your Registration forms will enable us to give your child emergency treatment in the event that you cannot be reached. This policy is for the health and safety of all campers.

### **Medication Procedures**

1. If your child has any allergies or activity restrictions, it is important that you indicate this on the medical form.
2. If your child must take medication during the day, please send the PRESCRIPTION BOTTLE with complete instructions including the name of the child, the name of the drug, frequency and reason for giving. We cannot give medication without this.
3. All medication must remain in Camp Central. We cannot give over-the-counter drugs without written notification. A prescription/note must be sent in.
4. Please use the AUTHORIZATION FOR DISPENSING MEDICATION FORM.

Feel free to call us during the day to discuss any particular needs your child may have, and we will call you if we have any concerns or questions. We will call to report any injuries that are deemed more serious.

### **Insurance**

Camp accident insurance is provided by the JCC for all campers who attend camp. The maximum benefit is \$25,000 per injury with no deductible. Dental is treated as medical under the plan as long as the treatment pertains to the injury. This is supplemental insurance and you must submit to your own insurance company first.

## CAMP DATES & HOURS

### Camp Dates:

Six Week Session — Monday, June 29 through Friday, August 7

Session 1: Monday, June 29 through Friday, July 17 (no Camp July 3)

Session 2: Monday, July 20 - Friday, August 7

### Camp Hours:

Camp hours are from 9:00 am to 4:00 pm each day. For the convenience of our parents, we offer care from 8:00-9:00 am and 4:00-5:00 pm.

## EXTENDED CARE IS LOCATED IN THE MAIN BUILDING!

Extended Care registration is available AM only/PM only or Both. Activities include crafts, games and time to visit with friends in a supervised atmosphere.

Before Care begins at 8:00 am. Staff will be at the Front Entrance of the J to assist children out of the car, screen and check them in

After Care is available from 4:00-5:00 pm. For pick up, drive to the Front Entrance of the J and staff will bring your children to the car.

## AM/PM Carpool & Screening Procedures

ONE CARPOOL FOR ALL SCHOOL-AGED CAMPS!

(Chai, Gymnastics, Sports, Tennis, Performing Arts, Teen Travel Camp)

Car Tags: all camp cars must have a camp car tag. Camp car tags will be used for entering the J and for carpool purposes. We Car Tags will be mailed prior to camp. It is important for us to have contact with each child's household at drop off and pickup at camp this summer therefore there will be no multiple family carpools!

Morning Carpool - 8:45-9:00 am.      Afternoon Carpool - 3:45 - 4:15 pm.

All drop off and pick up will be done through carpool this summer in order to minimize the number of people in the building. Parents will be asked to stay in the car during this process. This will help us to mitigate possible means of transmission. Follow these steps:

1. At home fill out your daily screen app and keep the screen available on your phone
2. Enter campus through the west entrance lane (the one closest to Northaven Gardens) at the main entrance
3. See the map below, and follow all posted signage, to head towards your child's designated drop off spot
4. When you are stopped at a screening point, use your quick read thermometer to take your child's temperature (please note, we will have backup thermometers, but the process will be much quicker if you have your own that you can keep in the car each morning.
5. Show the app screen and the temperature read on your thermometer to the staff member at the screening stop (reminder, temperatures must be under 100°F to come to camp). Once your child has passed the screening, the staff member will help your child out of the car and a staff member will walk them to their group in the building.

LATE DROP OFF/EARLY PICK UP: We understand that late arrivals and Early departures from the camp day are occasionally necessary due to doctor's appointments, etc. This will be possible; however, it will require advance notification to speed the process. Parents should call Camp Central at 469-753-7441. Dropping off late or picking up early is time consuming for a number of our staff members, so please make sure this is only done occasionally. In order to accommodate late arrivals or early pickups, we are having to redirect staff and resources. Please allot half an hour for this process as to reduce exposure, We will not have children sitting and waiting away from their groups for a period of time this summer.

In case of inclement weather, all drop-offs and pick-ups will be in the front of the JCC Main Lobby.

Staff will be directing - please drive slowly and safely!!

Check our JCC Dallas Summer Camps Facebook page or the JCC Camp Website for updates.

## What to Wear to Camp

Campers should dress in clothes that enable them to participate in all camp activities and bring sun block for outdoor activities. BE SURE THAT ALL CLOTHING AND BAGS ARE LABELED WITH YOUR CHILD'S FULL NAME.

### All Campers:

Masks/Face coverings: Your child will need to bring a mask to camp each day. They may wear it from time to time during transitions and when we are unable to safely social distance. These times will be infrequent.

Refillable Water Bottles: in order to stay hydrated, campers should bring their own refillable water bottles. Staff will be encouraging drinking throughout the day.

### Sports Camp:

Sneakers, T-shirts with appropriate designs, socks, swimsuit (may be worn under clothes), shorts, towel, and sun block. There will be additional items needed for individual sports.

### Gymnastics Camp:

Please see the Gymnastics Camp Welcome Letter for detailed information.

### Tennis Camp:

Non-Marking Sneakers, socks, shorts, T-shirts with appropriate designs, swimsuit, towel, hat, sunglasses (optional), sun block (!). No flip flops or crocs please!

### Camp Chai:

Sneakers or closed toe sandals with a strap. No flip flops, please. Shorts and tee shirts, swimsuit, towel and sun block.

**Important:** Campers should not bring valuable items, such as cell phones, to camp. Our camps cannot assume responsibility. Money is not needed at camp. Dangerous items, weapons and other inappropriate items are never allowed and will be confiscated immediately!!

## Lunch, Snacks, and Treats

1. Please send a lunch, marked with your child's name, Monday through Friday.
2. All individually wrapped snacks will be provided by the camp.
3. THE J PRACTICES A KASHRUTH POLICY:
  - a. Please send either kosher meat OR a dairy sandwich. All meats should be on pareve bread.
  - b. Do not mix milk and meat products within the lunch you send.
  - c. Under no circumstances should you send shellfish, pork or lard products.
4. Fino restaurant offers a lunch program for our camps, and you may register for this service by the three-week session.
5. For birthday or special group treats, we request that you send in the morning at carpool only kosher items with a recognized marking that are individually wrapped and sealed. If you are unsure what to buy or where to buy it, please call us, and we will be glad to help.

## Everything Else

1. Children may leave camp only if Camp Central has received a phone call or email to [jccamps@jccdallas.org](mailto:jccamps@jccdallas.org). This summer, we prefer that only the parent picks up however, in emergency situations, if someone other than the parent will be taking the child, please notify the camp of that person's name. Identification will be required. Parents or designated individual may only pick up at Camp central which is located outside of the main building. We ask that you limit the number of people picking up your child.
2. If your child will be absent from camp or late, please notify us.
3. Personal equipment such as cell phones, iPods, skateboards, hockey sticks, etc. should not be brought to camp unless the parent has spoken with the Camp Director and special arrangements have been made. The camp is not responsible for items brought to camp. Any inappropriate or dangerous items will be confiscated immediately. The camp reserves the right to check the camper's bag with the camper present.
4. When it is necessary to leave a message for your child during camp hours, please call Camp Central. *Please make sure all messages are left prior to 3:00 pm; otherwise, we cannot guarantee your child will receive the message.*
5. It is not necessary to bring money to camp.
6. Please do not extend gratuities. There are opportunities to honor staff through contributions to the Camp Scholarship Fund.