



Make your reservations before 10:00 am at 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Orange Juice ROSH HASHANAH JCC CLOSED	2 Orange Juice Chicken Rice Soup Beef Stroganoff Noodles Sautéed Cabbage Challah Berry Compote	3 Orange Juice Turkey Wrap Corn Salad Lettuce/Tomato Onion/Pickle Cookie	4 Orange Juice Matzo Ball Soup Chutney Chicken Parsley Potatoes Peas Challah Mandelbrot
7 Orange Juice Split Pea Soup Chicken Fingers Mashed Potatoes Ratatouille Bread Baked Apple	8 Orange Juice Waldorf Salad Baked Salmon Rice Pilaf Glazed Carrots Bread Bread Pudding	9 YOM KIPPUR JCC CLOSED	10 Orange Juice Israeli Salad Falafel Hummus/Tahini French Fries Pita Bread Mandarins	11 Orange Juice Matzo Ball Soup BBQ Beef Corn on the Cob Spinach Bread Cookie
14 SUKKOT JCC CLOSED	15 SUKKOT JCC CLOSED	16 Orange Juice Tomato Basil Soup Chicken Florentine Rice Mixed Vegetables Bread Brownie	17 Orange Juice Gefilte Fish Hard Boiled Egg Pickles/Tomato/Lettuce Horseradish Bread Cupcake	18 Orange Juice Matzo Ball Soup Meat Loaf Whipped Potatoes Lima Beans Challah Apple Crisp
21 SHEMINI ATZERET JCC CLOSED	22 SIMCHAT TORAH JCC CLOSED	23 Orange Juice Tossed Salad Salmon Croquette Orzo Green Beans Bread Cookie	24 Orange Juice Egg Salad Tomato/Lettuce Potato Chips Bread Mandelbrot	25 Orange Juice Matzo Ball Soup Roast Chicken Tzimmis Green Peas Challah Cake
28 Orange Juice Corn/Red Pepper Soup Baked Salmon Sweet Potato Fries Butter Beans Bread Brownie	29 Orange Juice Cucumber Salad Chicken Stir Fry Fried Rice Roasted Egg Plant Bread Fruit Compote	30 Orange Juice Minestrone Soup Lasagna Green Beans Garlic Bread Banana	31 Orange Juice Knockwurst Baked Potato Coleslaw Sauerkraut Bun Cookie	

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).