



# LAP POOL SCHEDULE

## FALL - WINTER 2019

Effective Dates:

9.1.2019 - 12.31.2019

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
POOL OPENS AT 5:00AM								
5:00								5:00
5:30								5:30
6:00		MASTERS SWIM All Lanes in Use 6:00a-7:00a		MASTERS SWIM All Lanes in Use 6:00a-7:00a				6:00
6:30	Shelton School 2 lanes in use 6:30-7:30am		Shelton School 2 lanes in use 6:30-7:30am		Shelton School 2 lanes in use 6:30-7:30am	POOL OPENS AT 7:00AM		6:30
7:00								7:00
7:30						SWIM TEAM 5 Lanes in Use 7:00a - 9:00a		7:30
8:00							MASTERS SWIM All Lanes in Use 8:00a-9:00a	8:00
8:30								8:30
9:00								9:00
9:30	AQUA DEEP 3 Lanes in Use 9:30a-10:30a	HIIT THE WATER 3 Lanes in Use 9:30a-10:15a	AQUA DEEP 3 Lanes in Use 9:30a-10:30a	AQUA AMPED UP 3 Lanes in Use 9:30a-10:30a	AQUA ZUMBA 3 Lanes in Use 9:30a-10:30a			9:30
10:00						HIIT THE WATER 4 Lanes in Use 10:00a-10:45a		10:00
10:30							LENNY KRAYZELBURG	10:30
11:00							SWIM	11:00
11:30							ACADEMY	11:30
NOON							3 Lanes in Use	NOON
12:30								12:30
1:00							DEVIL RAYS 5 Lanes in Use 1:00p-2:00p	1:00
1:30								1:30
2:00							LKSA	2:00
2:30							LESSONS	2:30
3:00							3 Lanes in Use	3:00
3:30								3:30
4:00								4:00
4:30						SWIM TEAM 5 Lanes in Use 4:00p - 5:45p		4:30
5:00	SWIM TEAM/LKSA 5 Lanes in Use	SWIM TEAM/LKSA 6 Lanes in Use (4pm - 6pm)	SWIM TEAM/LKSA 5 Lanes in Use	SWIM TEAM/LKSA 6 Lanes in Use (4pm - 6pm)				5:00
5:30								5:30
6:00						POOL CLOSING AT 5:45PM		6:00
6:30						KEY		
7:00	SWIM TEAM 3 Lanes in Use 7:00p-8:00p	HIIT THE WATER 3 Lanes in Use 7:00p-8:00p	SWIM TEAM 3 Lanes in Use 7:00p-8:00p	AQUA ZUMBA 3 Lanes in Use 7:00p-8:00p				
7:30								
8:00								
8:30								
9:00								
9:30								
10:00								
POOL CLOSING AT 9:45PM								

**\*THIS SCHEDULE IS SUBJECT TO CHANGE**

**Programming with Select Dates Only:**

Shelton School: October 14th - February 2nd  
 Lifeguarding Course: (1-2 lanes may be in use) 9/14, 9/21, 9/22, 10/19, 10/26, 10/27, 11/10, 11/16, 11/17, 12/8, 12/14, 12/15  
 H2O Float: November 14th - Pool will be closed from 7:45pm - 9pm on those dates  
 Southwest Airlines: 9/7, 9/21, 10/5, 10/19, 11/2, 11/16, 11/30, 12/14  
 Swim Meets: (4:30pm-6:00pm all lanes reserved) 9/16, 10/28, 11/18, 12/9

LAP LANES MAY BE UNAVAILABLE DURING THE FOLLOWING TIMES:

4p - 7p (M-F) 6a - 7a (T/Th) 7a - 9a (SAT) 8a - 9a (SUN)

**For questions or concerns please contact:**

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