



Make your reservations before 10:00 am at 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — AUGUST 2019

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Orange Juice Tuna Melt Tomato/Lettuce Pickle/Onion Pumpernickel Bread Potato Chips Banana	2 Orange Juice Matzo Ball Soup Brisket Roast Potatoes String Beans Challah Brownie
5 Orange Juice Cabbage Soup Salmon Croquet Baked Potato Sautéed Zucchini Bread Bread Pudding	6 Orange Juice Green Salad Baked Chicken Cous Cous Roasted Beets Bread Fruit Jell-O	7 Orange Juice Vegetable Soup Salisbury Steak Mashed Potato Carrots Bread Baked Apple	8 Orange Juice Chicken Salad Tomato/Lettuce Coleslaw Potato Chips Bread Fruit Cup	9 Orange Juice Matzo Ball Soup Roast Chicken Sweet Potato Grilled Egg Plant Challah Cake
12 Orange Juice Vegetable Soup Chicken Croquet Potato Wedges Yellow Squash Bread Watermelon	13 Orange Juice Cucumber Salad Stuffed Pepper Mashed Potato Roast Butternut Squash Bread Mandelbrot	14 Orange Juice Spring Salad Baked Salmon Sweet Potato Sautéed Cabbage Bread Fresh Fruit	15 Orange Juice Turkey Wrap Marinated Veggie Salad Potato Chips Tomato/Lettuce Cookie	16 Orange Juice Vegetable Noodle Soup Turkey Stuffing Roasted Carrots Challah Cake
19 Orange Juice Minestrone Soup Lasagna Green Peas Garlic Bread Cookie	20 Orange Juice Waldorf Salad Salmon Sweet Potato Fries Zucchini Bread Poached Pears	21 Orange Juice Corn/Red Pepper Soup Chicken Schnitzel Whipped Potato Lima Beans Bread Cherry Cobbler	22 Orange Juice Tuna Salad Tomato/Lettuce Pickle Potato Salad Bread Fruit Jell-O	23 Orange Juice Matzo Ball Soup Stuffed Cabbage Orzo Spinach Challah Cake
26 Orange Juice Vegetable Soup Spaghetti and Meat Balls Mixed Vegetables Garlic Bread Poached Pear	27 Orange Juice Spring Salad Salmon Croquets Rice Sweet Peas Bread Brownie	28 Orange Juice Mushroom Barley Soup Chicken Wellington Baked Potato Ratatouille Bread Apple Crisp	29 Orange Juice Knockwurst Baked Beans Coleslaw Bun Mandelbrot	30 Orange Juice Matzo Ball Soup Herb Roasted Chicken Kashe + Bowties Green Beans Challah Cake

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$3.50 (subsidized by the JCC and Dallas Area Agency on Aging).