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Website Registration

Go to https://jccdallas.livehealthyignite.com/users/sign_in

All JCC of Dallas employees & members are New Users and must create an account for the site.

Step 1: Click on SIGN UP

Step 2: Complete the form and click Create Account
Website Registration continued...

You will see this message on top of the screen and should receive a confirmation email shortly.

Step 3: From your confirmation email, click CONFIRM MY ACCOUNT.

Step 4: You will be directed to this page. Fill in your Username and Password and click LOG IN.
Website Registration continued...

Step 5: Optional – upload picture, add social media info, etc. Hit CONTINUE to skip.

Step 6: Optional – fill out basic info, diet & exercise preferences. Hit FINISH to proceed.

Step 7: Read and review the Terms of Use and click CONTINUE.

Step 8: Read and review the Privacy Statement and click FINISH.
Step 9: You will then be directed to your portal dashboard!

To access the website after initial registration, go to https://haltomcity.livehealthyignite.com and login.

Enter your created User Name & Password

If Forgot User Name or Password, click on "Forgot Your Password?" for help.
How to Register for Online Challenges

To access the website after initial registration, go to https://haltomcity.livehealthyignite.com and login.

Enter your created User Name & Password

You are now taken into the Challenges website.

Scroll down and click on “Join Challenge”

You are now registered for the online challenge.
How to Record Activity

Step 1: Log into your account and click on Challenges

Step 2: Click on Record Activity and select the day that you would like to record

Step 4: Click on what you would like to record

Step 5: You will then see the check box for every item you recorded!
How to Take Your Wellness Assessment

Step 1: Click on the Wellness Assessment Icon

Step 2: Choose your preferred language

Choose your preferred language/Elige tu idioma preferido

English
A select group of our programs and tools are available in Spanish. Please confirm your language preference.
Once you’ve created your account, please call +1-800-423-9284 if you’d like to change your language preference.

Español
Un grupo selecto de nuestros programas y herramientas están disponibles en español. Por favor confirme su preferencia de idioma.
Una vez que haya creado tu cuenta, llama al +1-800-423-9284 si deseas cambiar el idioma principal.

Choose English  Elegir español

Step 3: Create Your Account and Check the Participant Authorization Box. Then Click “I Agree” to continue.

Create An Account
Welcome. Please fill in your gender below. Then, take a few minutes to read and consent to the terms below before you continue with your registration process.

Personal Information:
First Name*  Last Name*
stephen  thompson
Date of Birth*  Gender*
04/20/1918  ○ Male  ○ Female

*An asterisk indicates a required field.

Participant Authorization

☐ I have read and consent to the Privacy Statement (1/17/2015) and Terms of Use (1/17/2015).

I agree

I do not agree. I understand this means I cannot participate.
How to Take Your Wellness Assessment

continued...

Step 4: Confirm your Account and Click Next

Step 5: Optional- Create a Mission Statement and Upload a Photo. Click Next

Step 6: Choose your Preferences and Click Save. Then click Go to Home.
How to Take Your Wellness Assessment

continued...

Step 7: Take your Wellness Assessment. Click the Wellness Assessment button and Get Started
Online Resources

**Wellness Assessment**
There are many aspects to health. That’s why the Wellness Assessment is made up of four categories: Bio, Body, Mind, and Lifestyle. Each category has two levels, or brief groups of questions. Level 1 allows us to understand the basics. Then Level 2 gets into the details. Tap on the answers that best fit you.

Then review your answers and results. You’ll get personalized tips for a healthier lifestyle, including coaching program and items to add to your To Do List.

**Online Wellness Coaching & Online Tobacco Cessation Program**
Click on the Go to Coaching button & then choose your focus area.

Click on Details for more information about the program & then click Get Started to begin. TIP – Chose any program to begin. The program is self-paced, so you can start, pause, resume as needed!
Online Resources continued...

**Tools Page – Online Health Calculators**
Click on the Tools tab in top black navigation bar & then View to access the calculators.

**Resources Page - Online Health Library**
Click on Resources tab in top black navigation bar & then View to access the Health News, Library & online cookbook.
Questions?

For program questions please email...
brett.unell@bswhealth.org

For the challenge website questions (login issues, challenge questions, etc) call...
(888) 282-0822

For questions about the online Wellness Assessment call...
1-866-433-9284