

# BLUEBERRY (N)ICE CREAM



## INGREDIENTS

- 4 ripe frozen bananas
- 1 cup frozen blueberries
- 1/4 cup vanilla almond milk (or milk of choice)
- 1 date pitted
- Pinch of lemon zest
- Handful of fresh blueberries

## PATH TO DELICIOUSNESS

1. Add frozen bananas, frozen blueberries, almond milk, date, and lemon zest to food processor or blender and blend until ice cream consistency.
2. Garnish with fresh blueberries to taste.
3. Enjoy now or freeze to enjoy later.

# MINT CHOCOLATE CHIP (N)ICE CREAM



## INGREDIENTS

- 4 ripe frozen bananas
- 1/2 cup raw cacao powder
- 1/4 cup vanilla almond milk (or milk of choice)
- 1 teaspoon mint extract
- Handful of mini chocolate chips

## PATH TO DELICIOUSNESS

1. Add frozen bananas, cacao powder and almond milk to food processor or blender and blend until ice cream consistency.
3. Add mint extract and pulse until blended.
3. Fold in chocolate chips and enjoy now or freeze to enjoy later.