

BLANCHED VEGGIES & HEALTHIER RANCH



INGREDIENTS

1oz package of ranch dip mix
16 oz container greek yogurt
Any veggies of choice

Makes 15-20 servings

PATH TO DELICIOUSNESS

1. In a large bowl, mix together ranch dip mix and greek yogurt. Put in fridge.
2. Boil a large pot of water (enough to completely submerge veggies).
3. Once water is boiling drop in veggies for 60 seconds to blanch.
4. Immediately move veggies to an ice bath and serve with ranch when cooled.