APPLE LOOPS

INGREDIENTS
4 large apples of choice
7 tablespoons of nut butter of choice (or sunflower butter)
Toppings of choice
(blueberries, mini chocolate chips, granola, chia seeds, hemp seed, sprinkles)

Makes 12-15 loops

PATH TO DELICIOUSNESS
1. Slice apples width-wise into 1/2 inch rounds and cut out core with a small round cookie cutter.
2. Spread each slice with nut butter or sunflower butter.
3. Decorate your loop by sprinkling on your topping of choice.